

Individual-level approaches to reduce college drinking

May 8, 2013

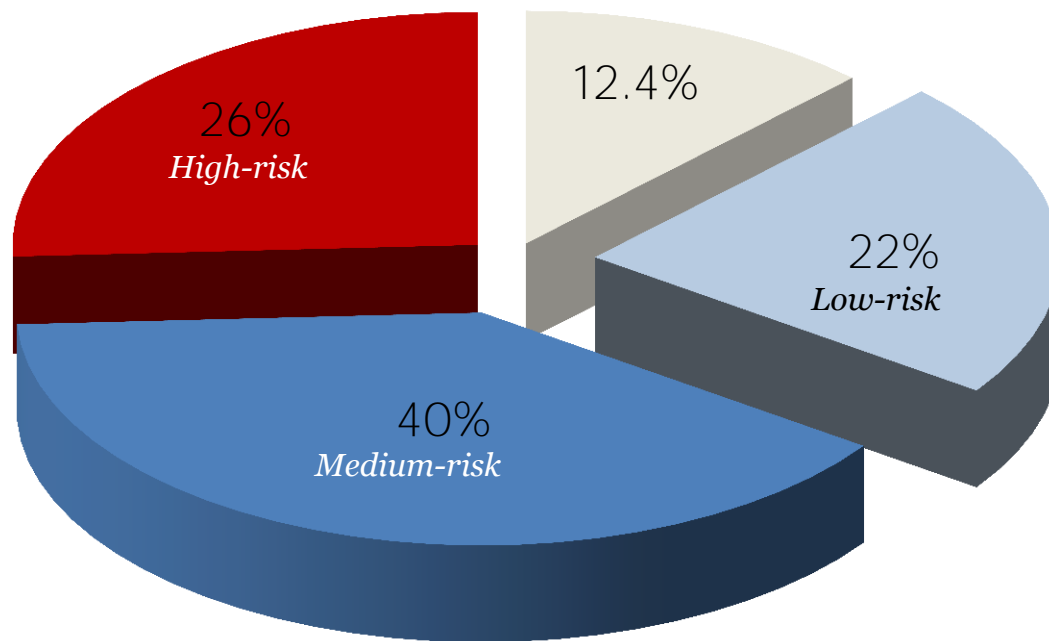
Amelia M. Arria, Ph.D.

*Director, Center on Young Adult Health and Development
University of Maryland College Park School of Public Health*



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TO REDUCE COLLEGE DRINKING AND RELATED PROBLEMS

A substantial proportion of first-year students arrive on campus as heavy drinkers



Alcohol Quantity

(drinks consumed per drinking day)

- None
- 1 to 2
- 3 to 5
- More than 6

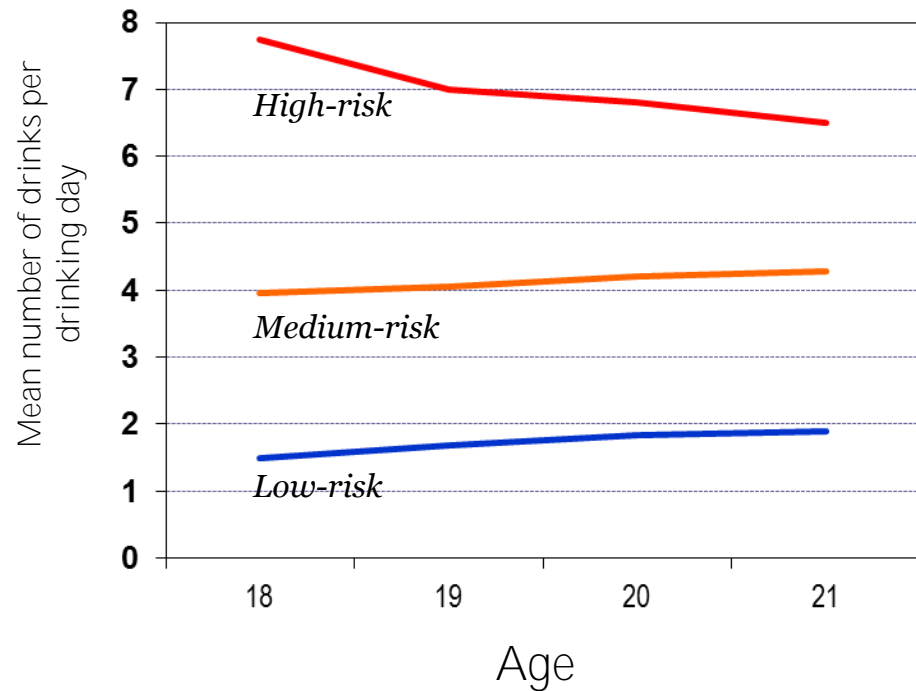
Source: College Life Study



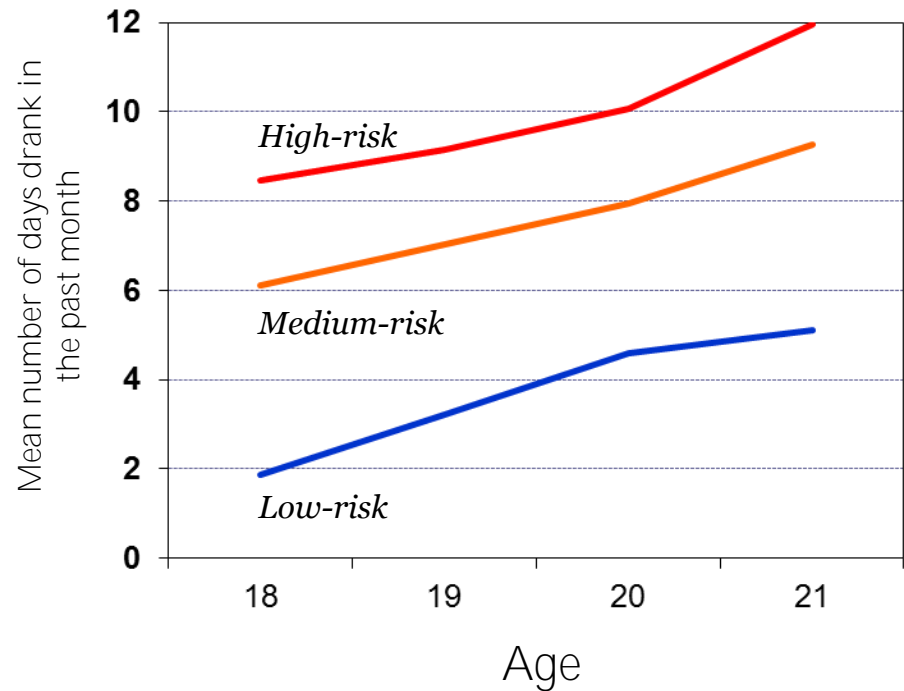
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Alcohol Consumption over Time

Number of Drinks



Frequency of Drinking



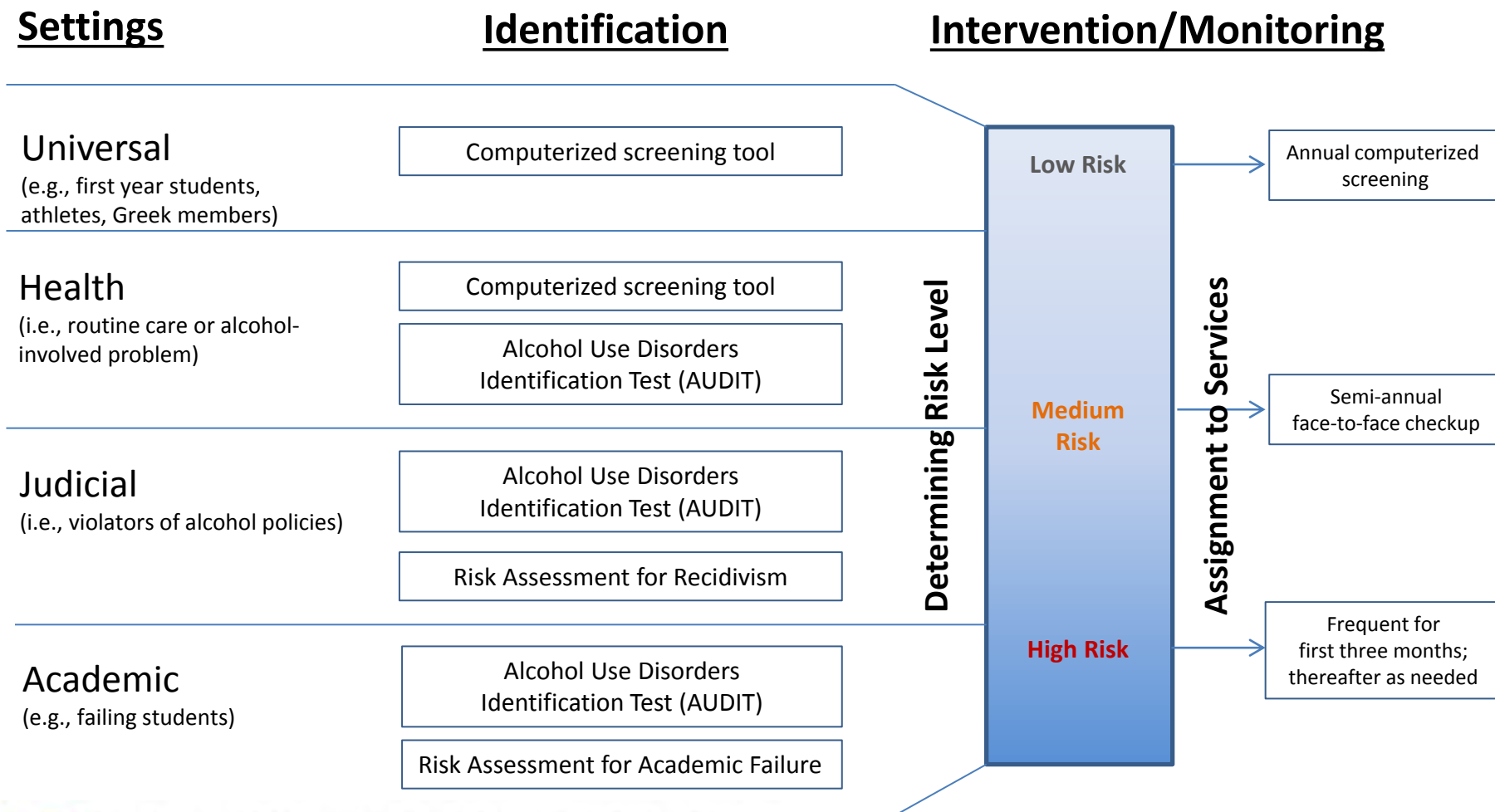
Source: College Life Study

Note: All results reported for past-year drinkers at each age.

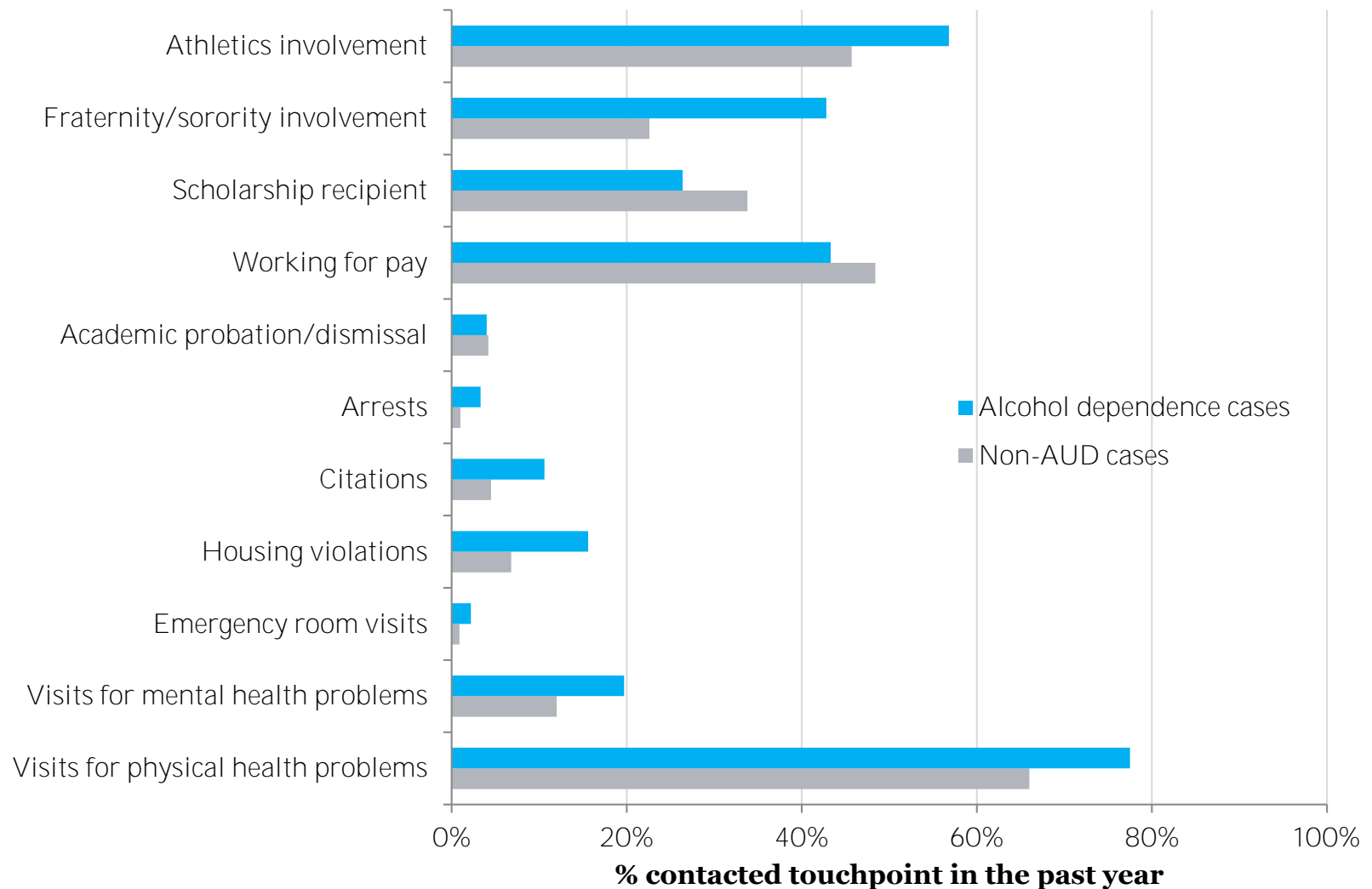


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Creating a System to Identify and Intervene with at-risk Students (Hypothetical)



Contact with various touchpoints in college, among alcohol dependence cases and non-AUD cases



Our Speakers



Dr. Rob Turrisi, Ph.D.



Dr. Jason Kilmer, Ph.D.



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